



The Aussie Gold range includes lots of all time favourites, like Gourmet Steak Pies, Gourmet Spinach & Feta Rolls, Cheesecakes, Custard Tarts, Full Flavoured Muffins and Caramel Slice aimed at Cafe's, Shops, Sporting clubs and events.

Visit our website for more info.

SERVING SCHOOLS SINCE 1993

Good Tucker Bakery is a locally owned and run family business in Newcastle NSW supplying delicious baked goods since 1993. We specialise in creating healthy options for school canteens like yours and we are proud of the fact we have adapted our range of healthy products to fit into the new NSW school canteen criteria. We currently have 13 registered products with the Healthy Kids Association, which register nutritious food for NSW Schools.



0418 761242

PO. Box 350 Warners Bay NSW 2282
www.goodtucker.com.au



THEY DESERVE
THE BEST...



RECESS, LUNCH + SNACKS

Keep the kids going all day

Below are products that fit into the new criteria and fall into the occasional food category that makes up 1/4 of your menu. All products are 3.5 star rated and can be SERVED EVERYDAY.



Sportman's Lean Beef Pie 180g*

Our 100% Aussie Prime Lean Beef pies are cooked in a rich gravy with our special blend of herbs & spices.
Code: GTO1 (24 per carton)



Sportman's Lean Beef Snack Pie 90g*

Same great taste as the 180g Lean Beef Pie. This is our signature size, perfect for a snack.
Code: GT02 (50 per carton)



Sportman's Lean Beef Junior Pie 45g*

Same great taste as the 90g Lean Beef Pie. Perfect bite size.
Code: GT03 (90 per carton)



Chicken & Vegetable Pie 180g*

Tender chicken with vegetables, seasoned with our special blend of herbs & spices.
Code: GT05 (24 per carton)



Sportman's Lean Beef & Potato Pie 250g*

Our 100% Aussie Prime Lean Beef pies are cooked in a rich gravy with our special blend of herbs & spices with creamy mashed potato on top.
Code: GT09 (24 per carton)



Sportman's Lean Beef & Potato Mini Pie 65g*

Same great taste as the 250g Lean Beef & Potato Pie. Perfect bite size.
Code: GT06 (40 per carton)



Sportman's Lean Sausage Roll 120g*

100% Aussie Prime Lean Beef, onion and our special blend of herbs & spices encased in golden pastry.
Code: GT04 (40 per carton)



Spinach & Ricotta Roll 90g*

One of our signature recipes! A perfect blend of Spinach & Ricotta cheese with our special blend of herbs & spices.
Code: GT07 (50 per carton)

* Registered with the Healthy Kids Association.
All products come individually wrapped.

GIVE 'EM THE BEST
GIVE 'EM GOOD TUCKER



HEALTHY FOOD THAT KIDS LOVE TO EAT

• MEETS 3.5 HEALTH STAR RATING

• A GREAT VARIETY YOU CAN SERVE EVERYDAY

• GREAT TASTE THAT KIDS LOVE



Muffin Delite - Choc-Lite 75g*

Rich chocolate muffin with cocoa.
Code: GT21 (30 per carton)



Muffin Delite - Blueberry 75g*

Tasty muffin with moist blueberries.
Code: GT22 (30 per carton)



Muffin Delite - Apple & Cinnamon 75g*

Tasty muffin with apple & cinnamon.
Code: GT23 (30 per carton)



B 'n' C Breadroll Bacon & Cheese 75g*

One of our signature products A bread roll with loads of tasty cheese & bacon.
Code: GT11 (24 per carton)



Go Go Garlic Bread 75g*

Our Garlic Bread is individually foil wrapped. Simply heat and serve. One of our top selling products.
Code: GT12 (24 per carton)

Join countless schools, universities and colleges who enjoy our tasty products everyday.



THE PRODUCTS BELOW ARE GREEN EVERYDAY FOODS

NEW!



Fruit Bun 90g

This is the new kid on the block. Think Hot Cross bun without the cross.
Code: GT16 (18 per carton)

NEW!



No Fruit Bun 90g

This is for those who like their Fruit bun without fruit.
Code: GT17 (18 per carton)

NEW!



Cheese Roll 75g

Breadroll with loads of tasty cheese.
Code: GT18 (24 per carton)

COMING SOON!



Cheese & Vegemite Scroll 80g

An Aussie icon, Vegemite in a delicious scroll with melted cheese.
Code: GT20 (24 per carton)



Ham & Cheese Breadroll 75g

A bread roll with loads of tasty cheese & ham
Code: GT30 (24 per carton)

